



**Over 3,750**

**adaptive athletes & clients  
have benefitted from TA**

**Impacting the lives  
of more than**

**10,000 family  
members**

**100% of our adaptive  
athletes/clients have  
demonstrated improvements  
in functional independence**

**40**

**Years  
of Service**

**6,000 instructional/  
guiding sessions more than**

**15,000 lessons**

**2,500+ volunteers  
have contributed**

**60,000 service hours**

**100% of our adaptive  
athletes/clients have  
reported improvements in  
quality of life**

**adaptive sports and adaptive outdoor adventures:**

alpine [downhill] skiing	archery	backpacking	camping	canoeing	curling	cycling/hand cycling
fitness and conditioning	fly fishing	nordic [x-c] skiing	racquetball	rock climbing	rowing	sailing
sea kayaking	skeet shooting	sled hockey	snowboarding	snowshoeing	stand-up paddle board (SUP)	
surfing	swimming	track and field	target shooting [pistol, rifle]	trap shooting	waterskiing	
whitewater kayaking	wheelchair basketball	wheelchair tennis	yoga			

**[www.TAonline.org](http://www.TAonline.org)  
[@WeAdapt4U](https://www.instagram.com/weadapt4u)**