

Instructors/Volunteers Participating with Massanutten Adaptive Snow Sports ~ COVID-19 Response for Winter 2020-21

Due to COVID-19, the 2020-21 winter season at Massanutten Resort is going to be unlike any year we've experienced before. Things will look and will be a little different at *Massanutten Adaptive Snow Sports (MASS)* as we make the health & safety the top priority of ALL who are involved with our program.

We are working hard with our partners at Great Eastern Resorts Management (GERM) to ensure our adaptive guests, their families, our MASS volunteers/instructors and employees experience a safe and enjoyable environment despite many necessary restrictions and protocols being put in place.

Massanutten Adaptive Snow Sports (MASS) will update this page with more information as it becomes available. We will adhere to the current standards of Great Eastern Resorts Management (GERM) www.massresort.com, Virginia Department of Health - VDH www.vdh.virginia.gov, Centers for Disease Control (CDC) www.cdc.gov, and Occupational Safety and Health Administration (OSHA) www.osha.gov. We appreciate your patience as we work to determine where adjustments need to be made moving forward.

It should be known, an inherent risk of exposure to COVID-19 exists in any public place. COVID-19 is an extremely contagious disease that can lead to severe illness and deaths, especially for senior citizens and individuals with underlying medical conditions. *By participating in services offered by Massanutten Adaptive Snow Sports, you voluntarily assume all risks related to exposure to COVID-19.*

MASS INSTRUCTORS/VOLUNTEERS: COVID-19 POLICIES

- * MASS Instructors/Volunteers are required to sign-up in advance for scheduled *Massanutten Adaptive Snow Sports (MASS)* sessions/ lessons. (1) A lift ticket and (2) rental equipment will be provided to the instructor/volunteer for the duration of the scheduled session.
- * MASS Instructors/Volunteers will be trained on our updated COVID-19 policies and may only teach lessons once they've completed this training.
- * MASS Instructors/Volunteers undergo daily screening for signs and symptoms of Covid-19.
- * Any MASS Instructors/Volunteers with a fever of or over 100.4 or any sign or symptom of illness will not be allowed to come to work.
- * Face coverings will be worn by our MASS Instructors/Volunteers at all times.

MASS INSTRUCTORS/VOLUNTEERS

POLICIES FOR REGISTRATION & LESSONS:

- * MASS is using a contactless registration process. <https://taonline.org/v2/index.php/volunteer-resources/>. All of our MASS Instructors/Volunteers MUST complete each of these forms:
 1. Registration Form
 2. Health Form
 3. Adaptive Snow Sports - EEC Form
 4. DSUSA/MOVE UNITED - Waiver and Release of Liability Form
 5. DSUSA/MOVE UNITED - Media Release Form

- * A lift ticket and any required equipment will be provided to the MASS Instructor/Volunteer for the duration of the session/lesson — full day (8-hour) session, and 1/2 day (4-hour) session.

- * MASS Instructors/Volunteers should sign up for a desired session **at least 14 days in advance**. Session Sign-ups will indicate skill prerequisites based on the needs of the adaptive guests scheduled for a given day.

- * Face coverings are required at all times, around the resort (both indoors and outdoors) while participating in a Massanutten Adaptive Snow Sports session/lesson. Face coverings must cover nose and mouth. Acceptable face coverings include 2x layer cloth face coverings, disposable medical style face masks, 2x layered neck gators/buff or any form of NIOSH respirator.

- * Social distancing should be practiced while at Massanutten Resort. Maintain 6 feet of distance between you and others. During scheduled sessions, *Massanutten Adaptive Snow Sports* may also use additional equipment and modified teaching methods to promote distancing.

- * Avoid physical contact, such as shaking hands. Sneeze or cough into a tissue, cloth or your elbow. Practice good hygiene — wash your hands frequently and use disinfectant.
- * Cancelled reservations prevent others from receiving Massanutten Adaptive Snow Sports (MASS) services. Please maintain communication with our staff throughout the process.
- * Failure to cooperate with COVID-19 protocols and updated Massanutten Adaptive Snow Sports (MASS) policies will result in a loss of Massanutten Adaptive Snow Sports (MASS) privileges.
- * Email Mark: adaptive.guide@gmail.com if you have any questions or concerns.

ADDITIONAL INFO & PLANNING TIPS

- * Contact Massanutten Adaptive Snow Sports prior to your arrival if you have COVID-19 symptoms.
- * Arrive dressed to ski/ride and plan to store nonessential belongings in your vehicle or don't bring them with you.
- * The Massanutten Resort Lodge will be closed, except for designated areas.
- * Plan for indoor access limitations — restrooms, rest areas, warm-up, meals.
- * Carry a snack and a collapsible hydration bottle with you. Drinking fountains may be turned off but bottle fillers will be available.

DISINFECTION & SANITIZATION

- * Hand sanitization locations are in and around the lodge, the rental shop and other adaptive program areas.
- * Shared equipment will be sanitized at the end of a scheduled session, before being used by a new person.
- * MASS will implement other procedures as needed to address safety of our adaptive athletes/guests and instructors/volunteers.

RESOURCES FOR SOCIAL DISTANCING AND MASKS:

- [Sesame Street Video to Help Kids with Autism Wear a Mask](#)
- [Video Explaining Social Distancing to individuals with cognitive and sensory disabilities.](#)
- [Information about masks for individuals with cognitive and sensory disabilities.](#)
- [Video on learning to wear masks for individuals with cognitive and sensory disabilities](#)
- [Wearing a Mask for Kids Video](#)
- [Wearing a Mask Social Story for People with Autism](#)
- [CDC recommendations for face masks](#)