



40

**Years
of Service**

Over 3,700

**adaptive athletes & clients
have benefitted from TA**

**Impacting the lives
of more than**

**10,000 family
members**

**100% of our adaptive
athletes/clients have
demonstrated improvements
in functional independence**

**6,000 instructional/
guiding sessions more than**

15,000 lessons

**2,500+ volunteers
have contributed**

60,000 service hours

**100% of our adaptive
athletes/clients have
reported improvements in
quality of life**

adaptive sports and adaptive outdoor adventures:

alpine [downhill] skiing	archery	backpacking	camping	canoeing	curling	cycling/hand cycling
fitness and conditioning	fly fishing	nordic [x-c] skiing	racquetball	rock climbing	rowing	sailing
sea kayaking	skeet shooting	sled hockey	snowboarding	snowshoeing	stand-up paddle board (SUP)	
surfing	swimming	track and field	target shooting [pistol, rifle]	trap shooting	waterskiing	
whitewater kayaking	wheelchair basketball	wheelchair tennis	yoga			

**www.TAonline.org
[@WeAdapt4U](https://www.instagram.com/weadapt4u)**