

# Addie McMurtry – Program Director

*Fourth Year from Midlothian, VA*



## ***What are your plans after graduation?***

To work at Monticello for the summer and pursue a job in Curation

## ***What are you studying?***

Anthropology, Linguistics

## ***How can we recognize you on the slopes?***

Black jacket, blue pants, and a different hat every time!

## ***What are your favorite hobbies when not skiing?***

Reading, skiing, hiking, working at Monticello

## ***What is your favorite place to grab a bite after a day skiing?*** Canes or

Got Dumplings; really anywhere with warm food

## ***If you could travel anywhere, where would you go?***

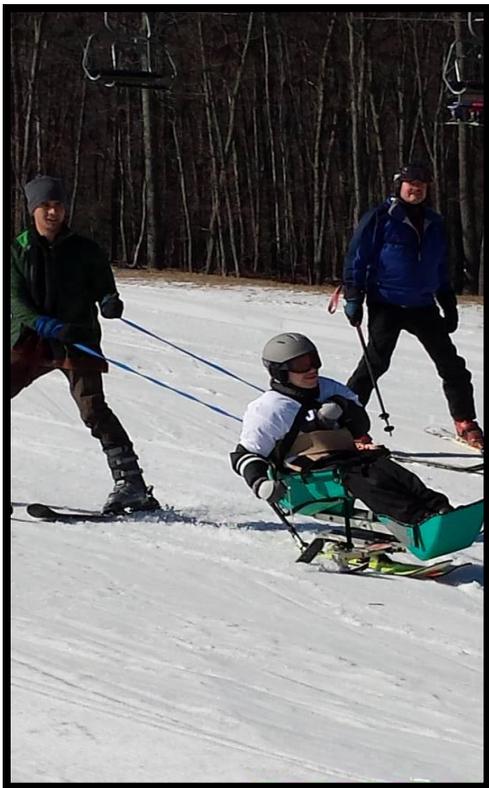
Australia or New Zealand

## ***Why do you ski with Therapeutic Adventures?***

I love getting to ski while doing something so rewarding! This program is like the best of both worlds and I am so fortunate to meet so many wonderful people because of it.

# Milos Tomovic – Program Director

Fourth Year from Norfolk, VA



## ***What are your plans after graduation?***

Applying to medical schools and work as a scribe at the UVA emergency room. After the application and interview process, I plan on traveling around South America for 5-6 months to increase my skills in Spanish, experience other cultures, hike Patagonia, and see how medicine is approached in foreign countries.

## ***What are you studying?***

Biochemistry

## ***How can we recognize you on the slopes?***

Neon green ski pants that can't be missed!

## ***What are your favorite hobbies when not skiing?***

Cooking, hiking, white-water kayaking, hanging out with friends, and anything else outdoors.

## ***What is your favorite place to grab a bite after a day skiing?***

Any place that has a nice warm bowl of soup or some fried chicken.

## ***If you could travel anywhere, where would you go?***

There are so many places! I would travel to Tierra del Fuego and Patagonia. I have always been fascinated by this part of the world that is so desolate and beautiful.

## ***Why do you ski with Therapeutic Adventures?***

I participate with TA because it gives me the opportunity to share my love of skiing with wonderful clients. It always brings a smile to my face when I see our clients and volunteers having a great time together. I am most excited to see how our folks have improved. Every year our clients and volunteers keep getting better and better and make our program so much fun.

# Pablo Cazzulino

*Fourth Year from New York City, NY*



***What are your plans after graduation?***

Moving to South America and doing consulting (if everything goes according to plan)

***What are you studying?***

Biology and History

***How can we recognize you on the slopes?***

Blue ski jacket with neon stripes (though this may be decommissioned once this season starts)

***What are your favorite hobbies when not skiing?***

Skiing, traveling, hiking, Frisbee

***What is your favorite place to grab a bite after a day skiing?***

Anywhere with mozzarella sticks or mac and cheese

***If you could travel anywhere, where would you go?***

South East Asia, because I've never been to that part of the world and it looks awesome

***Why do you ski with Therapeutic Adventures?***

Because it is fun and we meet and help great people.

# Diego Varela

*First Year from Leesburg, VA*



## ***What are your plans after graduation?***

After I graduate I will serve in the Marines for some years and hopefully go to med school after

## ***What are you studying?***

Pre-med

## ***How can we recognize you on the slopes?***

I usually always wear khaki pants, a blue jacket, and red goggles. However, this year there may or may not be a panda suit coming out for its debut.

## ***What are your favorite hobbies when not skiing?***

Snowboarding, playing soccer

## ***What is your favorite place to grab a bite after a day skiing?***

McDonalds

## ***If you could travel anywhere, where would you go?***

I would not stay in one spot. I would love to travel to as many countries as possible because I love seeing new places and experiencing new cultures.

## ***Why do you ski with Therapeutic Adventures?***

I am excited about skiing alongside everyone in the program. I know that it is going to be a great time.

# Katharine Biegert

*Second Year from Warrenton, VA*



## ***What are your plans after graduation?***

Working in the bioethics industry for a few years and maybe going back to medical school

## ***What are you studying?***

Bioethics

## ***How can we recognize you on the slopes?***

My bright teal jacket is pretty easy to spot but my helmet has a lot of stickers which should help as well!

## ***What are your favorite hobbies when not skiing?***

I love anything outdoors; hiking, mountain biking, and skiing are among my favorites. I also love to read and bake or just hang out with friends.

## ***What is your favorite place to grab a bite after a day skiing?***

I love to eat some chili at home and curl up on the couch

## ***If you could travel anywhere, where would you go?***

Iceland, extreme sports and see the Northern Lights!

## ***Why do you ski with Therapeutic Adventures?***

I absolutely love skiing and I think everyone should be able to enjoy it, and I'm so excited to be able to help that become a reality.

# John Leahy

*First Year from Fredericksburg, VA*



***What are your plans after graduation?***

Join the Peace Corps and travel as much as possible!

***What are you studying?***

Nursing

***How can we recognize you on the slopes?***

Bright orange helmet

***What is your favorite place to grab a bite after a day skiing?***

When I went skiing in the Italian alps, they had little chalets on the mountain where you could get fries, sausages, salads, hot drinks, all kinds of stuff. That was the best!

***Why do you ski with Therapeutic Adventures?***

I've been meaning to get involved in Madison House because I love volunteering. I also love "hitting the slopes," so it combines some of my favorite hobbies! I can't wait to meet the people I'll be helping and also get to learn about how exactly the volunteers help out on the slopes.

# Susanna Kelley

*Second Year from Arlington, VA*



***What are your plans after graduation?***

Going to Law School

***What are you studying?***

Foreign Affairs

***How can we recognize you on the slopes?***

Black jacket with a red headband

***What are your favorite hobbies when not skiing?***

Skiing, debating

***What is your favorite place to grab a bite after a day skiing?***

I love to go to a nice coffee shop to get some hot chocolate to warm up after a nice ski.

***If you could travel anywhere, where would you go?***

New Zealand because I have not yet been there.

***Why do you ski with Therapeutic Adventures?***

I like to ski, so helping other people ski is an even more fun thing to do. It's a great way to meet new people and get out of my comfort zone.

# Caroline Conlan

*First Year from Bethesda, MD*



***What are your plans after graduation?***

Becoming a pediatric doctor

***What are you studying?***

Biology and Statistics

***How can we recognize you on the slopes?***

If you see a black helmet, a bright blue ski coat, black pants, and some twin tip skis, that's me :)

***What are your favorite hobbies when not skiing?***

Skiing, of course! But when I'm not on the mountain, I also love to bake, wakeboard, bike, swim, and hike.

***What is your favorite place to grab a bite after a day skiing?***

I love Panera. Nothing warms you up like mac and cheese in a bread bowl.

***If you could travel anywhere, where would you go?***

I would go to Switzerland to ski the Alps!

***Why do you ski with Therapeutic Adventures?***

I firmly believe in the value of building a strong community, and nothing brings people together like a day on the mountain. This season, I am most excited to get to know all the skiers!

# Gillian Gardiner

*Post-grad from Charlottesville, VA*



***What are your plans after graduation?***

I currently work in the UVA Emergency Department as a Medical Scribe while prepping for the MCAT before I apply to medical school this year.

***What are you studying?***

Linguistics (I just graduated in May!)

***How can we recognize you on the slopes?***

I will usually be wearing a knitted grey and black beanie hat and/or a mint green ski jacket.

***What are your favorite hobbies when not skiing?***

I love hiking, traveling, watching animal videos, eating, and hanging out on the Lawn.

***What is your favorite place to grab a bite after a day skiing?***

Riverside Lunch

***If you could travel anywhere, where would you go?***

I would return to Siena, Italy where I spent a semester studying abroad in order to see my host family and friends (and eat at my favorite restaurants in the area!)

# Isabella Hall

*Second Year from Massanutten, VA*



***What are you studying?***

Religious Studies, Sociology, WGS, and everything in between.

***How can we recognize you on the slopes?***

My bright blue ski pants and long, long hair

***What are your favorite hobbies when not skiing?***

Playing outside (hiking, caving, yoga), conversation, and coffee.

***What is your favorite place to grab a bite after a day skiing?***

Zoe's Kitchen, Mezeh, or Chipotle

***If you could travel anywhere, where would you go?***

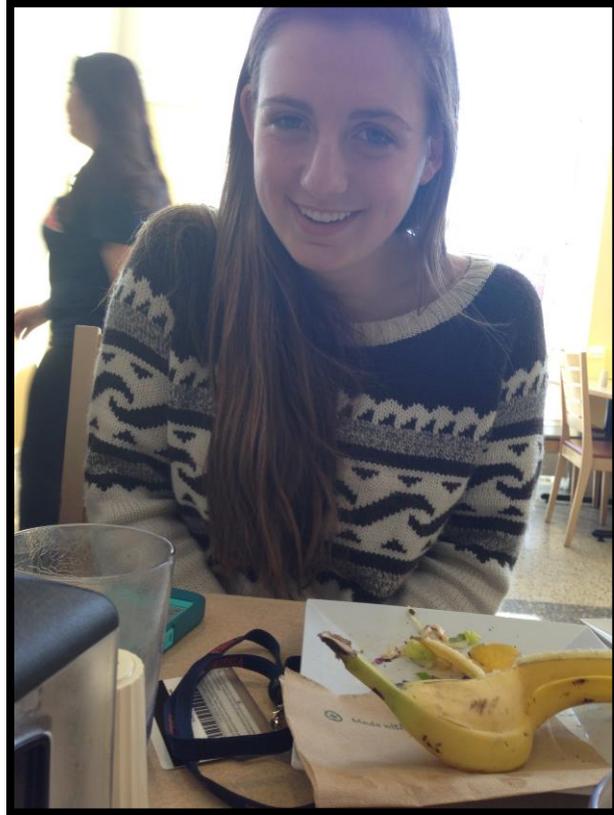
Alaska for the views, Israel/Palestine for the rich culture and history, or Cuba.

***Why do you ski with Therapeutic Adventures?***

The clients and the volunteers are such warm and inspiring individuals. I have so much to learn from all of them!

# Kate Donovan

*Fourth Year from Springfield, VA*



***What are your plans after graduation?***

I currently don't know what I want to do after I graduate but I am leaning towards pediatric occupational therapy

***What are you studying?***

Biomedical engineering

***How can we recognize you on the slopes?***

I usually wear a maroon ear warmer/headband.

***What are your favorite hobbies when not skiing?***

I like running, singing, and hanging out with friends.

***What is your favorite place to grab a bite after a day skiing?***

I like to get a burger after I ski although I don't really have a preference on a specific place.

***If you could travel anywhere, where would you go?***

I would travel to Ireland because I want to explore the countryside and go to the Cliffs of Moher and I love how green it is.

***Why do you ski with Therapeutic Adventures?***

I love skiing and I also love working with people with disabilities. I'm excited to see all of the returning skiers and I'm excited to meet new skiers too.

# Chloe Laird

*Third Year from Paris, France*



***What are your plans after graduation?***

Still trying to figure out life after graduation, but leaning toward diplomacy or translation

***What are you studying?***

International Relations and Spanish!

***How can we recognize you on the slopes?***

Bright blue pants!

***What are your favorite hobbies when not skiing?***

I really enjoy photography

***What is your favorite place to grab a bite after a day skiing?***

Anywhere that has a greasy burger and fries (I know, super healthy!)

***If you could travel anywhere, where would you go?***

Fiji: it looks so beautiful, paradise on earth kind of thing.

***Why do you ski with Therapeutic Adventures?***

I love the community of Therapeutic Adventures- it's always a lot of fun! I'm very excited to go ski with a great group of people.

# Tasy Novopachennaia

*Fourth Year from Springfield, VA*



## ***What are your plans after graduation?***

Work for a small company, ideally making devices that improve people's health.

## ***What are you studying?***

Biomedical Engineering

## ***How can we recognize you on the slopes?***

I'll be wearing blue ski pants and a white jacket

## ***What are your favorite hobbies when not skiing?***

Playing sports (soccer, ice hockey, running), baking, hiking

## ***What is your favorite place to grab a bite after a day skiing?***

My favorite place to eat after any physical activity is anywhere that has a solid burger. I love burgers and could probably eat them for any meal on any day.

## ***If you could travel anywhere, where would you go?***

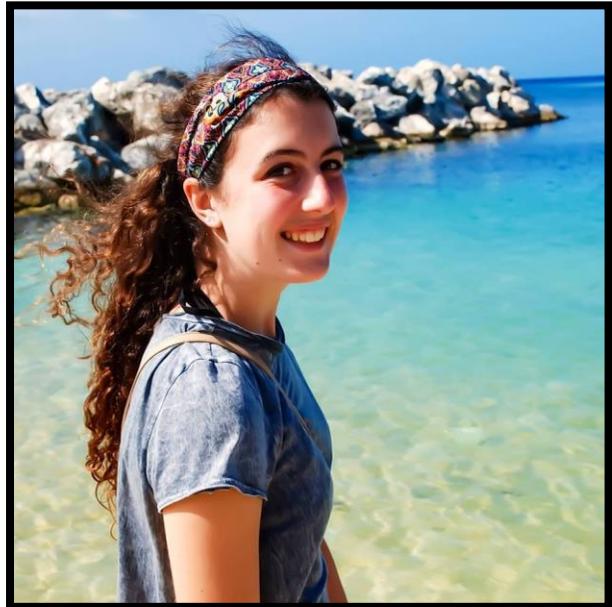
I would go to northern Russia in the Arctic Circle to visit where my dad grew up and to see the Northern Lights (a life goal of mine).

## ***Why do you ski with Therapeutic Adventures?***

I participate in Therapeutic Adventures because I truly believe that everyone should have the opportunity to have fun with recreational activities, regardless of ability. I love being able to help give that opportunity to people and I love skiing and being outside so this program is a perfect combination of both. I am most excited to meet new people this season!

# Meredith Rose

*Second Year from Richmond, VA*



***What are your plans after graduation?***

Hopefully working in the medical field

***What are you studying?***

Undeclared

***How can we recognize you on the slopes?***

My jacket is a coral pink color and I almost always have pigtail braids.

***What are your favorite hobbies when not skiing?***

Reading, spending time with friends, the occasional art project, and of course, skiing.

***What is your favorite place to grab a bite after a day skiing?***

Panera

***If you could travel anywhere, where would you go?***

New Zealand. I have a really good friend who lives there, and I think it would be a beautiful place to visit.

***Why do you ski with Therapeutic Adventures?***

I enjoy skiing, and helping others to ski only makes it more fun and enjoyable.

# Natalie Bruno

*Fourth Year from Midlothian, VA*



***What are your plans after graduation?***

Working in Management consulting at McKinsey in DC

***What are you studying?***

Commerce (Finance and Marketing), Spanish

***How can we recognize you on the slopes?***

Light blue ski pants & a black jacket

***What are your favorite hobbies when not skiing?***

Hiking, cooking, reading, metalsmithing, and (of course) skiing!

***What is your favorite place to grab a bite after a day skiing?***

Heading to Panera to grab warm soup in a bread bowl

***If you could travel anywhere, where would you go?***

I would visit East Asia, because the region's incredible scenery, adventurous outdoor activities, and vibrant culture. Can't forget the food either!

***Why do you ski with Therapeutic Adventures?***

Because I am passionate about sharing the joy of skiing. There is nothing more rewarding than helping empower people participate in a sport that they couldn't do otherwise. I was fortunate to be a volunteer in my first year at UVA, and I'm excited to finish up my time at UVA once again volunteering!

# Christina Stiebris

*Second Year from Newark, DE*



***What are your plans after graduation?***

Go either to medical school or pursue engineering design for patients

***What are you studying?***

Biomedical Engineering

***How can we recognize you on the slopes?***

I'll be wearing a bright pink coat, so I'll pop out against the white snow!

***What are your favorite hobbies when not skiing?***

Snowboarding, (unsuccessfully) trying to learn tricks on my bike, snorkeling/scuba diving, chillin' out, maxin', relaxin' all cool, and shooting some b-ball outside of the school

***What is your favorite place to grab a bite after a day skiing?***

Roots. Mostly because I just love Roots.

***If you could travel anywhere, where would you go?***

I would really love to go to Chile, because there I'd be able to go snowboarding and scuba diving in the same trip, maybe even the same day! (always from high to low altitude though, not trying to get the bends)

***Why do you ski with Therapeutic Adventures?***

Because I love skiing and I love helping others achieve their goals. Therapeutic Adventures is an amazing opportunity to do both -- and it's a ton of fun! This ski season, I'm most excited for the race at the end. I participated last year, and it was so much fun watching everyone tear through the course and seeing all the cool costumes!

# Melissa Liu

*Second Year from Sterling, VA*



***What are you studying?***

Psychology

***How can we recognize you on the slopes?***

I will probably buy a color scarf or but I'll be wearing a black and pink Northface

***What are your favorite hobbies when not skiing?***

Eating, watching Netflix (It's Always Sunny in Philadelphia is one of my favorites)

***What is your favorite place to grab a bite after a day skiing?***

Juice Laundry or Chipotle

***If you could travel anywhere, where would you go?***

Gap View Ranch and Kennel Located in Harrisonburg because you can play with golden retrievers there

***Why do you ski with Therapeutic Adventures?***

This sounded (and is) the most interesting program at UVA and it's super fun to help others ski. I am excited to see the kids!!

# Caroline Simmons

*First Year from Springfield, VA*



***What are you studying?***

Biology (potentially)

***How can we recognize you on the slopes?***

White, purple, and gray jacket with black pants

***What are your favorite hobbies when not skiing?***

reading, drinking tea and coffee, and watching Criminal Minds

***What is your favorite place to grab a bite after a day skiing?***

Tiny little diners along the side of the road

***If you could travel anywhere, where would you go?***

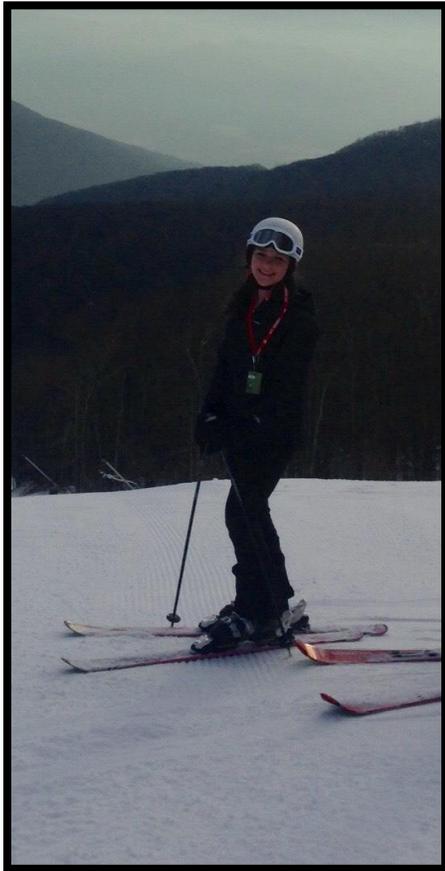
Greece- it's a beautiful place with some amazing history

***Why do you ski with Therapeutic Adventures?***

It sounds like a fantastic way to volunteer and give back

# Maddie Donley

*Second Year from Arlington, VA*



***What are your plans after graduation?***

Considering law school!

***What are you studying?***

Pre-Batten or Politics and French

***How can we recognize you on the slopes?***

I have a white helmet and a black/plaid coat.

***What are your favorite hobbies when not skiing?***

Cooking, doing yoga, watching Game of Thrones

***What is your favorite place to grab a bite after a day skiing?***

Anywhere with hot chocolate!

***If you could travel anywhere, where would you go?***

I'd go to Italy for pizza and a view

***Why do you ski with Therapeutic Adventures?***

I haven't participated before, but I love to ski and I also love to interact with kids. This seems like the perfect volunteer opportunity!

# Brooke Harmon

*Second Year from Fredericksburg, Va*



***What are your plans after graduation?***

Attending dental school

***What are you studying?***

Biology

***How can we recognize you on the slopes?***

White pants and a light blue jacket with my long bright blonde hair

***What are your favorite hobbies when not skiing?***

Exercising, going to concerts, baking, watching movies

***What is your favorite place to grab a bite after a day skiing?***

Normally I eat at whatever restaurant is on the slopes. (I love the food at the edge at wintergreen).

***If you could travel anywhere, where would you go?***

Greece. I would go in the summertime because the beaches are beautiful, the architecture is unlike any other country, and the food is great.

***Why do you ski with Therapeutic Adventures?***

Why do you ski with Therapeutic Adventures: I heard about this program from a classmate and he sounded very passionate about how great therapeutic adventures is. I enjoy skiing and interacting with new people so I think this is a good opportunity to do both. I am most excited to get more time on the slopes than I did last year.

# Alek De Mott

*Fourth Year from Virginia Beach, VA*



***What are your plans after graduation?***

Applying to grad school and traveling during the summer

***What are you studying?***

Architecture, German Studies

***How can we recognize you on the slopes?***

Black helmet and (ugly) beige ski pants

***What are your favorite hobbies when not skiing?***

Reading, hiking, soccer, and conversations over food

***What is your favorite place to grab a bite after a day skiing?***

Literally anywhere

***If you could travel anywhere, where would you go?***

Australia, because I want to explore the outback and see pristine places

***Why do you ski with Therapeutic Adventures?***

Not only do I get to ski - which I love, but I get to share the experience with someone that otherwise wouldn't be able to partake in the sport. I'm very excited to see everyone from previous years and hit the slopes. The positive and fun environment is one of a kind.

# Hayley Schulz

*First Year from Williamsburg, VA*

## ***What are you studying?***

Undecided, but interested in literature and economics

## ***How can we recognize you on the slopes?***

BRIGHT RED SKI PANTS!!! YOU CAN'T MISS THEM (hopefully)

## ***What are your favorite hobbies when not skiing?***

Baking, sing obnoxiously to almost any song, and dance poorly. I enjoy being involved with my church and doing volunteer work. Sometimes I love exercising but I always love eating.

## ***What is your favorite place to grab a bite after a day skiing?***

I will eat literally anywhere after skiing. By the time I am done on the slopes I could eat an entire cow so long as it looks decently appetizing. So pizza, burgers, hot dogs, chili, a five star/five course meal--give me anything.

## ***If you could travel anywhere, where would you go?***

Probably Italy or Greece (or both)! I would love both the historical aspects of the two places--particularly Ancient Rome and Athens--but the beauty and culture of both places would be extraordinary. I would also visit Vatican City and seek out the Pope--as a Catholic I love a good Pope spotting.

## ***Why do you ski with Therapeutic Adventures?***

I'm looking forward to meeting new people and learning people's stories. In high school I participated in a program called Buddy Ball where I helped young kids with special needs play in a baseball league; the Buddy Ball season was always one of my favorite parts of the year. I love skiing and I love knowing and helping people, so what could be better than Therapeutic Adventures?

# Grant Tabler

*First Year from Dumfries, VA*



***What are you studying?***

(tentatively) Government and Sociology with a minor in French

***How can we recognize you on the slopes?***

I will wear an American Flag beanie and mostly black for the rest of my outfit.

***What are your favorite hobbies when not skiing?***

Singing, playing tennis, community service, running, and spending time with my friends and family.

***What is your favorite place to grab a bite after a day skiing?***

Anyplace with Pizza!

***If you could travel anywhere, where would you go?***

I would go to Vietnam. I am very active with a Human Rights Organization and would love to visit a free Vietnam one day.

***Why do you ski with Therapeutic Adventures?***

I am excited about giving back to the community in a fun way! I was active in the Options, special needs community, at my high school and would love to continue to help.

# Megan Crow

*Second Year from Yorktown, VA*



***What are you studying?***

Kinesiology with a minor in American Sign Language

***What are your favorite hobbies when not skiing?***

Running, reading, baking!

***What is your favorite place to grab a bite after a day skiing?***

The barbeque place right near the mountain!

***If you could travel anywhere, where would you go?***

I think I'd go to Ireland. I've always wanted to go because it looks beautiful and that's where my grandpa is from.

***Why do you ski with Therapeutic Adventures?***

I really enjoy skiing with the clients. I have a lot of fun every time I go and they are always so excited to get out on the slopes so it makes me excited too! I hope to learn to tether this season so I can do more with the clients!

# Jordan Abrams

*Third Year from Port Washington, NY*



***What are your plans after graduation?***

Travel and go to PT school

***What are you studying?***

Kinesiology and English

***How can we recognize you on the slopes?***

Black jacket with a gray helmet

***What are your favorite hobbies when not skiing?***

Watching Legend of Korra, collecting rocks from various waterfronts

***What is your favorite place to grab a bite after a day skiing?***

Roots!

***If you could travel anywhere, where would you go?***

Bhutan, and witness the Himalayas

***Why do you ski with Therapeutic Adventures?***

To see people ski in a completely innovative way, different from me and watching them succeed. Helping people who need me and hoping I can help them be as independent on the slopes as they can be.

# Katelyn Mullins

*Fourth Year from Manassas Park, VA*



***What are your plans after graduation?***

Attending grad school to become a Physicians Assistant

***What are you studying?***

Biology

***How can we recognize you on the slopes?***

My ski pants are a bright salmon color. They stand out even in blizzard conditions.

***What are your favorite hobbies when not skiing?***

Attending UVA basketball games, jogging on the treadmill while watching Netflix, visiting local coffee shops, and hiking.

***What is your favorite place to grab a bite after a day skiing?***

All I really want after skiing is a peppermint hot chocolate from Starbucks and a big slice of pizza.

***If you could travel anywhere, where would you go?***

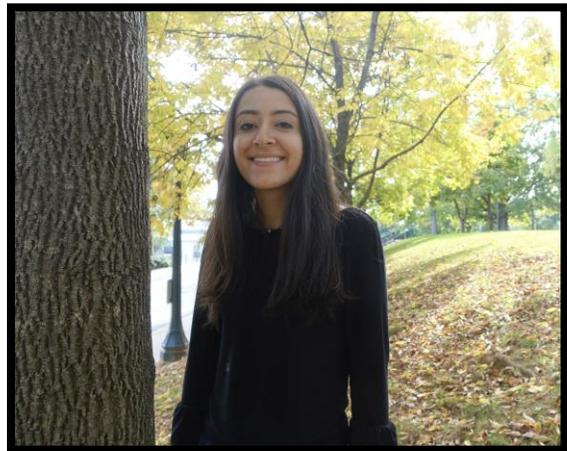
I would love to backpack around Europe. I went there when I was about ten years old, but didn't appreciate its culture and beauty.

***Why do you ski with Therapeutic Adventures?***

Because I love seeing the smiles on our clients' faces when they get on the slopes. Hearing their laughter as they ski down the hill brings me so much joy.

# Naaz Daneshvar

*First Year from McLean, VA*



***What are your plans after graduation?***

To become a pediatrician

***What are you studying?***

Pre-med and potentially majoring in Biology with a minor in French

***How can we recognize you on the slopes?***

An all-white jacket

***What are your favorite hobbies when not skiing?***

I've always loved volunteering, especially with kids. In high school I was really involved with Best Buddies and volunteered at an after school club for elementary schoolers.

***What is your favorite place to grab a bite after a day skiing?***

I could always go for a hot chocolate or a turkey sandwich!

***If you could travel anywhere, where would you go?***

I would really love to visit Asia as I've never been and would like to experience something new. If I could go anywhere, I would probably visit Japan!

***Why do you ski with Therapeutic Adventures?***

One of my biggest passions is making new friends with people with intellectual or developmental disabilities. I was really involved with Best Buddies, an organization that fosters one on one friendships between students and those with disabilities in the community in high school, and I'm staying involved at UVA. I could not be more excited to make new friends and make memories on the slopes through Therapeutic Adventures. I'm really close with my cousin Amir who has a form of mental retardation, and I'm hoping I can get him to come one weekend so we can ski together!