



Therapeutic Adventures



IndependencePlus Adaptive Sports

Therapeutic Adventures, Inc. has developed a unique and integrative approach to instruction using: our *IndependencePlus Model*, our adaptive *Circle of Courage* model, and our *Adaptive Outdoor Skills Mastery System*.

IndependencePlus

IndependencePlus is our unique and systematic approach to individualized instruction and service delivery. With a primary emphasis on helping individuals to achieve greater independence in the out-of-doors and to improve their quality of life, all of our instructional programs and guide services emphasize: safety, personal development, functional independence, skills development, and successful learning.

Our trained staff will work with you to design an individualized action plan - with emphasis on helping each participant to identify realistic goals. All instructional programs provide personalized instruction with emphasis on successful learning in a variety of safe challenging environments.

As a function of ***IndependencePlus*** all instructional programs begin with comprehensive assessment and end with thorough evaluation to determine what goals and objectives have been met. In addition to revealing areas for personal growth and development, this process helps each participant identify a goal, a dream, a purpose, and hopefully, life changing vision to direct all their actions.

As a function of ***IndependencePlus*** our staff will also work with you, your therapists and teachers to complement any therapy or special education goals and objectives you may be working on in other settings. Through our process of listening, sharing, encouraging, modeling, coaching, teaching, and serving, our staff assists each participant to refine and make lasting changes in the following developmental domains:

Personal Development Domains

- ❖ Spiritual Development
- ❖ Physical Development
- ❖ Cognitive Development
- ❖ Psycho-Social Development
- ❖ Emotional Development