



# Therapeutic Adventures



## IndependencePlus Adaptive Sports

### OUR HISTORY

#### A FOUNDATION OF PROVEN SUCCESS

For more than three decades, *Therapeutic Adventures (TA)* and *IndependencePlus Adaptive Sports (IP~AS)* has been premier provider of adaptive sports (recreation or competitive) and adaptive outdoor adventures (snow, water and wilderness).

*Therapeutic Adventures, Inc.* is a non-profit 501(c)(3) charitable educational organization. For more than three decades, *Therapeutic Adventures, Inc.* has been an innovative leader developing and providing adaptive sports, adaptive outdoor recreation, and specialty therapeutic services to provide greater access to the outdoors for persons of all ages and abilities:

- ❖ *Physical & Developmental Disabilities*
- ❖ *Disabled Military Heroes ~ Veterans and their Families*
- ❖ *Cancer Survivors*
- ❖ *Chronic & Terminal Illnesses and Other Special Health Needs*

*TA* adaptive programs -- *Inspire Courage and Restore Independence -- One Smile at a Time!*

*Therapeutic Adventures, Inc.* and *IndependencePlus Adaptive Sports* has a strong background of excellence which has evolved out of the extraordinary works of Erling Stordahl, founding father of the world famous Beitostolen Healthsports Centre in Norway; the highly honored and acclaimed Sir Ludwig Guttman, founding father of wheelchair sports and the First International Disabled Olympic Games at Stoke-Manville, England; the distinguished Dr. Kurt Hann, founder and driving force behind the highly reputed Outward Bound Program, and highly respected Dr. Larry Brendtro, Dr. Martin Brokenleg, and Dr. Steve Van Bockern who have developed the extraordinary - Circle of Courage Model. The inspiration of these individuals and their common vision has influenced the services we offer.

The benefits (physical, emotional, psycho-social, and spiritual) of outdoor adventure activities and experiential education have long been an attraction for those we serve. So much so that we have made our clinical and therapeutic programs, special camps, retreats a top priority in the services we offer.

**Therapeutic Adventures, Inc.** has developed a unique and integrative approach to instruction using: our *IndependencePlus Model*, our *Adaptive - Circle of Courage* model, and our *Adaptive Outdoor Skills Mastery System*. Through our unique approach to teaching, coaching, guiding and mentoring, we embolden our adaptive students/clients to set goals and to strive for functional independence.

Our belief that ALL persons learn and benefit by being provided with opportunities to develop self-awareness, self-confidence, and self-reliance - has provided **Therapeutic Adventures** and **IndependencePlus Adaptive Sports** with a proven framework for success.

A premier provider of adaptive outdoor programs -- snow, water, and wilderness, **Therapeutic Adventures** supports individuals and families, inspiring them to make positive lifestyle choices in the environments where adaptive sports and adaptive outdoor recreation activities are offered and enjoyed.

**Therapeutic Adventures** has been blessed to serve approximately 3900 individuals providing more than 5,550 instructional lessons. All **TA** clients receive partial to full scholarships through our "**Passport to Adaptive Outdoor Adventures**" program.

We also recognize the importance of adaptive sports in the rehabilitation process. This has lead to the development of **IndependencePlus Adaptive Sports**.

What differentiates **Therapeutic Adventures** from other rehabilitation programs is **TA's - Guiding Core Values**.